

# Instructions

Before starting the molding of your new Ahead ACME Custom Molded Ear Plugs, you should read these instructions thoroughly.

1. Wash your hands and clean your ears.
2. Make sure to have a mirror ready.
3. Open the packaging and read the user guide thoroughly before starting.
4. Open the two containers and split the contents of each container in two equal parts.
5. Take one part from each container (one of each color) and knead them thoroughly. When you get a nice even color, the material is ready for use. It takes about 45 seconds to knead it thoroughly.
6. Look into the mirror and place the ball at the middle of your ear (at the opening).
7. Make sure to keep your mouth slightly open and in the same position. Do not talk or chew. You might want to bite down lightly on a pen or something similar.
8. Carefully, press the material into your first ear by pressing the center of the ball. Whatever material that may go out to the sides should be folded back into the middle and pressed into the ear again.
9. When you feel that you have pressed enough of the material into your ear (and sound no longer seeps in), you can remove the excess material and then smooth out the surface. If you take too much time completing step 9, you risk that the material solidifies before you can give your ear plugs a nice finish on the surface.
10. Go to number 5 and repeat the process for your other ear.
11. Wait for about 10 to 20 minutes. After this time, you can gently remove the ear plugs. You may help the removal process by slightly pulling your earlobe or your ear.
12. When removed, let the ear plug rest for 3 to 4 hours (24 hours is the best).
13. Your Ahead ACME Custom Molded Ear Plugs are now ready for use.

Enjoy your new ear plugs!

